

Adventure Vacations That Reach the Extreme

Some people want a little more out of their vacation than a fruity drink served poolside. Diving with sharks in South Africa, for example. Or living among penguins for five days in Antarctica. Or paddling in a canoe down a crocodile- and hippopotamus-infested river in Zambia.

For those people, the travel company Abercrombie & Kent has created a series called Extreme Adventures. Starting next fall, 15 adventure packages will be available in countries that range from Norway to Kenya to Nepal, featuring activities that include hiking, dog sledding (right), bungee jumping and cross-country skiing.

The first trip is scheduled for Sept. 28 through Oct. 6 and will take participants on foot through the Selous Game Reserve, a nature sanctuary and Unesco World Heritage site in Tanzania with elephants, black rhinoceroses, cheetahs and giraffes (from \$9,830 a person, including airfare).

More information: www.akextremeadventures.com.

